



## St Saviour's C.E. Primary School Curriculum Map 2024/25 – Physical Education

| Nursery   |  |   |  | Reception   |  |                                   |
|---|--|---|--|---|--|-----------------------------------|
| <u>Autumn</u><br>Select and use activities and resources, with help when needed.<br>Develop their sense of community and membership of a community, such as their family and their class community<br><u>Spring</u><br>Select and use activities and resource independently. Show more confidence in new social situations.<br><u>Summer</u><br>Find solutions to conflicts and rivalries. Talk with others to solve conflicts, independently when possible |  |   |  | <u>Autumn</u><br><ul style="list-style-type: none"> <li>• Rolling</li> <li>• Crawling</li> <li>• Walking</li> <li>• Jumping</li> </ul> <u>Spring</u><br>Develop the overall body strength, coordination, balance and agility needed to engage successfully with future physical education sessions<br><u>Summer</u><br>Progress towards a more fluent style of moving, with developing control and grace. |  |                                   |
|   | Term 1   | Term 2  | Term 3   | Term 4  | Term 5   | Term 6                            |
| Year 1  | Fundamental Movement skills / (Attack, defend, shoot)<br><br>Gym (Floorwork) | Fundamental Movement skills (Hit catch run)<br><br>Games<br><br>Dance | Fundamental Movement skills / (Run, jump, throw)<br><br>Gymnastics | Send and return<br>Dance  | Fundamental skills and movement<br><br><b>Cricket</b>            | Athletics<br>Skill Games<br>Dance |
| Year 2  | Fundamental Movement skills (Attack, defend, shoot)<br><br>Gym<br>Floorwork  | Fundamental Movement skills (Hit catch run)<br>Skill Games<br>Dance   | Fundamental Movement skills (Run, jump, throw)<br><br>Gymnastics   | Gymnastics<br><br>Fundamental Movement Skills<br>Dance  | Fundamental Movement skills<br>Send and return<br><b>Cricket</b> | Athletics<br><br>Dance            |
| Year 3  | Athletics<br>Netball<br>Dance  | Football<br>Gymnastics  | Netball<br>Invasion games<br>Dance                                 | OAA<br>Basketball   | Tennis<br>Dance<br><b>Cricket</b>                                | Tennis<br>Athletics               |
| Year 4  | Athletics<br>Tag Rugby<br>Dance  | <i>Netball</i><br><i>Gymnastics</i>                                   | Football<br>Invasion Games<br>Dance                                | OAA<br>Basketball   | Tennis<br>Swimming<br>Dance                                      | Cricket<br>Swimming               |
| Year 5  | Athletics<br>Netball<br>Dance  | Hockey<br>Cricket   | Dance<br>Gymnastics<br>Swimming                                    | Football<br>Swimming  | Tennis<br>OAA (trip)<br>Dance                                    | Basketball<br>Gymnastics          |
| Year 6  | Athletics<br>Dance<br>Swimming   | Tag Rugby<br>Swimming   | Football<br>Gymnastics<br>Dance                                    | <i>Basketball</i><br><i>OAA</i>   | Tennis<br>Cricket<br>Dance                                       | Football<br>Invasion games        |